

LYME SPRINT TRIATHLON 2003

CHAUMONT, NY August 3, 2003

Ironman CBR

Place	Time	#	Name	Age	Home	SPLITS		
						Swim	Bike	Run
1	2:03:36	405	AARON SCHIRANO	19	ROCHESTER	0:43:13	0:50:12	0:30:11
2	2:05:17	406	REGINALD SCHWEITZER	26	WATERTOWN	0:41:30	0:50:01	0:33:46
3	2:06:21	501	MICHELLE BARNES	35	YORKVILLE	0:43:11	0:53:05	0:30:05
4	2:10:52	402	DAN AUGUSTYNE	30	BOSTON	0:44:21	0:55:08	0:31:23
5	2:16:53	404	TROY ROSS	39	WATERTOWN	0:54:42	0:49:43	0:32:28
6	2:26:10	401	BRIAN STUMPF	28	CAPE VINCENT	0:47:38	0:57:06	0:41:26
7	2:39:40	503	LISA MILLON	38	CAZENOVIA	0:53:20	1:02:52	0:43:28
8	2:45:55	403	PETE ROGERS	56	CHAUMONT	0:44:00	1:02:10	0:59:45
9	2:48:00	502	JULIE SMITH	27	CAZENOVIA	0:56:00	1:08:47	0:43:13

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Place	Time	#	Name	Age	Home	SPLITS		
						Swim	Bike	Run
1	1:21:52	103	PAT TURLEY	40	SYRACUSE	0:11:36	0:45:04	0:25:12
2	1:22:02	137	GARY EAGAN	44	ROCHESTER	0:12:24	0:44:18	0:25:20
3	1:22:28	128	TIM REARDON	54	WATERTOWN	0:11:03	0:45:12	0:26:13
4	1:23:44	132	MIKE HARRIS	42	CHAUMONT	0:12:31	0:45:17	0:25:56
5	1:23:59	117	ANDREW STAROWICZ	30	SYRACUSE	0:12:47	0:46:29	0:24:43
6	1:24:44	113	MARC RUSCH	39	REDWOOD	0:12:46	0:43:58	0:28:00
7	1:25:34	125	JIM BRADY	36	CARTHAGE	0:14:05	0:45:53	0:25:36
8	1:26:18	134	JUSTUS DERX	38	SYRACUSE	0:12:54	0:44:53	0:28:31
9	1:29:47	135	WILLIAM DOWNEY	56	PULASKI	0:12:39	0:47:52	0:29:16
10	1:29:54	101	RICK MANDERS	48	OSHAWA ONT.	0:14:54	0:48:07	0:26:53
11	1:30:19	140	WAYNE VANDERPOOL	39	WATERTOWN	0:11:21	0:47:10	0:31:48
12	1:32:10	109	DOUG LAYMAN	40	ONEONTA	0:13:13	0:46:56	0:32:01
13	1:32:13	202	BRANDI BOYANSKI	25	RICHMOND VA.	0:12:11	0:48:53	0:31:09
14	1:33:36	102	KEVIN ALEXANDER	41	OSHAWA ONT.	0:15:17	0:48:50	0:29:29
15	1:34:51	105	TOM KING	41	PULASKI	0:14:02	0:51:33	0:29:16
16	1:36:33	111	STEVE PLANTE	47	FAYETTEVILLE	0:15:01	0:47:49	0:33:43
17	1:38:57	214	NANCY PLANTE	42	WATERTOWN	0:13:38	0:49:38	0:35:41
18	1:39:00	211	MICHELLE HARRIS	31	BALTIMORE	0:16:30	0:52:10	0:30:20
19	1:40:03	141	PAUL BROWN	50	NEDROW	0:17:00	0:49:52	0:33:11
20	1:40:20	108	ALEX PUSZTAI	32	LIVERPOOL	0:13:40	0:49:17	0:37:23
21	1:40:33	121	GREGORY SCOTT	32	LIVERPOOL	0:15:28	0:52:26	0:32:39
22	1:42:24	119	WALTER RUDY	48	MARCELLUS	0:16:53	0:51:35	0:33:56
23	1:42:25	201	LINDA GRULICH	40	OSWEGO	0:17:03	0:51:22	0:34:00
24	1:42:32	207	ABBEY WATSON	23	FAYETTEVILLE	0:15:57	0:56:17	0:30:18
25	1:43:38	123	STEPHEN FITZGERALD	55	ADAMS	0:16:33	0:52:54	0:34:11
26	1:44:08	138	TERRY GARDNER	53	WATERTOWN	0:20:53	0:51:20	0:31:55
27	1:45:40	133	CHARLES MIX	51	HOLLAND PATENT	0:20:03	0:53:25	0:32:12
28	1:45:44	115	STEVE GAMBINO	38	NEWARK	0:15:13	0:50:19	0:40:12
29	1:45:58	124	JIM CLARK	45	EAST AURORA	0:21:19	0:54:46	0:29:53
30	1:46:08	116	JIM SCORDO	45	WATERTOWN	0:18:22	0:54:37	0:33:09
31	1:48:06	142	STEPHEN MIZGALA	33	SACKETS HARBOR	0:15:11	0:55:18	0:37:37
32	1:48:27	209	KARA RUSCH	35	REDWOOD	0:18:03	0:53:58	0:36:26
33	1:49:05	129	MICHAEL FARREL	24	MARYLAND	0:18:59	0:57:13	0:32:53
34	1:49:27	136	GREG LUDWIGSEN	47	OSWEGO	0:17:36	0:54:03	0:37:48
35	1:50:00	122	JOHN WINSLOW	35	LANSING	0:15:50	0:55:21	0:38:49
36	1:50:27	139	STEPHEN FOY	52	WATERTOWN	0:21:10	0:49:15	0:40:02
37	1:51:56	126	CRAIG VANBUREN	36	LOWVILLE	0:15:37	0:57:36	0:38:43
38	1:51:58	127	THOM COLLINS	51	CHAUMONT	0:15:54	0:58:52	0:37:12
39	1:57:01	106	BILL COUCH	39	WATERTOWN	0:13:20	0:58:10	0:45:31
40	1:57:12	131	MATT PAQUETTE	34	CENTRAL SQUARE	0:24:18	1:01:59	0:30:55
41	1:57:35	107	BRUCE KILHEFNER	53	BALDWINSVILLE	0:22:22	1:00:10	0:35:03
42	1:57:53	212	CHRISTINA LOWERY	34	CENTRAL SQUARE	0:23:58	1:00:17	0:33:38
43	1:59:06	120	DOUG MACQUEEN	25	SYRACUSE	0:17:47	1:06:52	0:34:27
44	1:59:17	112	RYAN RUSCH	13	REDWOOD	0:20:59	0:57:29	0:40:49
45	1:59:43	213	CAROL HEINICK	47	NORWOOD	0:25:17	0:54:09	0:40:17
46	2:00:28	130	JOHN HARRIS	32	BALTIMORE	0:30:00	0:53:58	0:36:30
47	2:02:37	208	CJ JACKSON	40	WATERTOWN	0:19:41	1:02:42	0:40:14

48	2:02:51	204	SUE CZERWINSKI	45	SYRACUSE		0:19:30	1:05:41	0:37:40
49	2:05:12	203	HEATHER RUBINSTEIN	30	SYRACUSE		0:19:40	0:59:11	0:46:21
50	2:09:15	143	MARTIN KELLY	49	ITHACA		0:21:07	1:00:00	0:48:08
51	2:09:33	210	ELIZABETH BORTZ	34	JACKSONVILLE FL		?	1:16:37	0:52:56
52	2:10:40	205	DIANE VEZENDY	14	RICHLAND		0:22:49	1:05:27	0:42:24
53	2:17:38	114	ROBERT VEZENDY	45	RICHLAND		0:26:25	1:05:04	0:46:09
54	2:23:39	206	LORI VEZENDY	42	RICHLAND		0:24:23	1:06:02	0:53:14
55	2:30:52	104	ROBERT MCCAFFEREY	31	OSWEGO		0:29:55	1:12:05	0:48:52

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CHAUMONT, NY August 3, 2003

Team CBR

Place	Time	#	Name	Age	Home	SPLITS		
						Canoe	Bike	Run
1	1:48:50	609	BULLIS, CARSTON, ASBURY	40-49	OXFORD, EATON, BALDWINSVILLE	0:34:29	0:45:15	0:29:06
2	1:50:53	606	GOODNOUGH, WATSON, SLOCUM, SLOCUM	40-49	THERSA, WATERTOWN, MANSVILLE	0:34:42	0:51:05	0:25:06
3	1:55:33	615	SPENO 3 & PETRAS	40-49	CHAUMONT, UTICA, GLASTONBURY	0:40:36	0:43:15	0:31:42
4	1:59:51	612	MARTIN, HARRIS, MULPAGANO	40-49	SACKETS, SPRINGFIELD, CAMILLUS	0:42:52	0:46:48	0:30:11
5	2:02:53	616	CONNELL, WOODRUFF	50-59	WATERTOWN	0:39:19	0:50:07	0:33:27
6	2:04:57	605	MATTINGLY, SPAULDING	40-49	THERESA, COPENHAGEN	0:45:33	0:49:13	0:30:11
7	2:05:40	611	MORRIS, MORRIS, RAULLI	40-49	SYRACUSE	0:45:58	0:51:04	0:28:38
8	2:06:29	610	GLENISTER, FREEMAN, TUBBS	-20	LACONA, SANDY CREEK	0:42:05	0:57:09	0:27:15
9	2:07:55	608	GAGNON HARVEY, CADWELL	30-39	WATERTOWN	0:43:40	0:57:20	0:26:55
10	2:08:35	607	DICKINSON, DICKINSON	30-39	WATERTOWN, VESTAL	0:42:24	0:58:37	0:27:34
11	2:09:17	601	McCULLOCH, WAITE, REYNOLDS	40-49	BLACK RIVER, WATERTOWN., COPENHAGEN	0:45:50	0:53:57	0:29:30
12	2:11:21	604	STOBNICKE, KELSO, DANIEU	40-49	SYRACUSE, CAMILLUS	0:41:12	0:59:30	0:30:39
13	2:20:47	617	BARBER, SPAHN	40-49	CHAUMONT, SACKETS HARBOR	0:50:40	0:56:04	0:34:03
14	2:33:17	602	TIDD, MCFADDEN	50-59	ALEX BAY	0:50:28	1:05:32	0:37:17
15	2:33:57	603	DISE, ONEILL, ONEILL	40-49	TROY, WEBSTER	1:00:04	0:55:47	0:38:06
16	2:39:35	614	SHARLOW COUSINS	-20	CHAUMONT, WATERTOWN, PITTSFIELD, EVANS MILLS	0:47:47	1:04:47	0:47:01
17	2:44:01	613	SHARLOW BROTHERS	40-49	CHAUMONT, WATERTOWN, PITTSFIELD, EVANS MILLS	0:52:56	1:07:34	0:43:31

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Place	Time	#	Name	Age	Home	SPLITS		
						Swim	Bike	Run
1	1:26:42	302	RUTLEDGE, EMERICH, GEBO	20-29	WATERTOWN	0:13:52	0:43:21	0:29:29
2	1:27:18	304	MCKINNEY, BARR, HARDWICK	20-29	WATERTOWN, NORWOOD	0:13:56	0:49:00	0:24:22
3	1:28:10	317	YOUNG, FULLER, ESPOSITO	20-29	CAZENOVIA	0:10:39	0:49:54	0:27:37
4	1:28:30	320	OBRIEN, BRUNSON, PARTRIDGE	-20	MEXICO, BERGEN	0:11:33	0:52:52	0:24:05
5	1:36:50	303	PETERS, KIMBALL, HARDWICK	50-59	WATERTOWN, CHAUMONT	0:13:29	0:54:52	0:28:29
6	1:38:47	309	QUILES, THOMAS, JOHNSON	-20	EVANS MILLS	0:18:31	0:51:58	0:28:18
7	1:39:54	308	FRANCE, MCELHEARN, MARKET	20-29	BROWNVILLE, EVANS MILLS	0:13:27	0:55:37	0:30:50
8	1:43:14	319	OCONNOR, DIARCANGEL, GOODBODY	50-59	WASHINGTON CROSS, PA,	0:19:09	0:57:11	0:26:54
9	1:44:49	307	LYNN, GOLDEN	-20	EVANS MILLS	0:17:38	0:56:04	0:31:07
10	1:46:30	316	BACON, BACON	20-29	LACONA, PULASKI	0:16:10	0:50:29	0:39:51
11	1:48:25	313	MASSO-DIAZ, VAUGHN, PERRY	20-29	EVANS MILLS	0:16:47	1:00:55	0:30:43
12	1:49:05	306	FARRELL, ASBURY, ASBURY	20-29	ROCHESTER	0:17:49	0:58:23	0:32:53
13	1:49:37	315	RECHLIN, FRITTEN, RECHLIN	20-29	WATERTOWN, MANNSVILLE	0:15:59	0:58:13	0:35:25
14	1:50:17	314	HARRIS, MILLER, CORSHEN	40-49	CHAUMONT, WASHINGTON DC	0:16:11	0:58:54	0:35:12
15	1:53:00	312	TRUBINSKY, TRUBINSKY, SLOCUM	20-29	CHAUMONT ROCHESTER GLENSIDE	0:15:58	1:10:04	0:26:58
16	2:00:39	301	RUSCH, RUSCH	20-29	REDWOOD	0:24:31	1:00:01	0:36:07
17	2:07:11	322	MOORE, MOORE, NETTO	20-29	CHAUMONT	0:16:48	1:12:39	0:37:44
18	2:08:02	305	MCKINNEY, GRAY, ROBINSON	-20	WATERTOWN	0:11:23	1:18:41	0:37:58
19	2:09:33	310	AGNEW, DOBBINS, DOBBINS	40-49	WILMETTE, CHICAGO	0:22:50	1:06:57	0:39:46
20	2:22:09	311	DOBBINS, CRUPI, WAHL	50-59	CHICAGO, CHAUMONT, BAYONETT PT,	0:15:54	1:10:21	0:55:54
21	2:33:04	321	FARRELL, FIBISON, WATSON	40-49	CHAUMONT	0:17:51	1:26:46	0:48:27
22	2:25:28	318	SHARLOW, SHARLOW, SHARLOW	20-29	DELMAR	0:18:26	1:26:09	0:40:53