

LYME SPRINT TRIATHLON 2007

CHAUMONT, NY August 5, 2007

Ironman SBR

| Place | Time | # | Name | Age | Home | Swim | Bike | Run |
|-------|---------|-----|---------------------|-----|-------------------|-----------|---------|---------|
| 1 | 1:19:05 | 149 | ANDY POWELL | 34 | MARCELLUS | 0:12:52 | 0:41:23 | 0:24:50 |
| 2 | 1:21:50 | 128 | PAUL AEMISEGEO | 34 | EASTON PA | 0:12:14 | 0:42:13 | 0:27:23 |
| 3 | 1:23:00 | 113 | JIM BRADY | 39 | CARTHAGE | 0:14:16 | 0:45:06 | 0:23:38 |
| 4 | 1:23:42 | 122 | MIKE HARRIS | 46 | CHAUMONT | 0:13:09 | 0:43:37 | 0:26:56 |
| 5 | 1:27:29 | 135 | TIM REARDON | 58 | WATERTOWN | 0:13:19 | 0:46:19 | 0:27:51 |
| 6 | 1:27:56 | 107 | PATRICK TURLEY | 44 | SYRACUSE | 0:13:30 | 0:47:26 | 0:27:00 |
| 7 | 1:28:10 | 152 | WAYNE VANDERPOOL | 43 | ADAMS CENTER | 0:12:19 | 0:39:21 | 0:36:30 |
| 8 | 1:30:36 | 111 | JUSTUS DERX | 42 | LIVERPOOL | 0:14:14 | 0:45:38 | 0:30:44 |
| 9 | 1:32:11 | 145 | BRIAN WHITE | 31 | CARTHAGE | 0:16:48 | 0:50:15 | 0:25:08 |
| 10 | 1:33:06 | 129 | KEITH HOLLIS | 19 | ANNAPOLIS, MD | 0:15:19 | 0:50:02 | 0:27:45 |
| 11 | 1:33:42 | 218 | AMY CUTLER | 26 | POTSDAM | 0:16:19 | 0:43:26 | 0:33:57 |
| 12 | 1:35:36 | 148 | JOHN WEEKS | 35 | SKANEATELES | 0:14:18 | 0:48:54 | 0:32:24 |
| 13 | 1:36:09 | 105 | STEPHEN BARR | 55 | NORWOOD | 0:17:17 | 0:47:40 | 0:31:12 |
| 14 | 1:36:48 | 209 | MAURENIA LYNDS | 40 | NEPEAN, ONT | 0:14:21 | 0:48:26 | 0:34:01 |
| 15 | 1:37:38 | 142 | ED MCDONALD | 50 | CHITTENANGO | 0:18:43 | 0:51:17 | 0:27:38 |
| 16 | 1:38:16 | 151 | JIM FINNERTY | 49 | WATERTOWN | 0:19:23** | | 1:18:53 |
| 17 | 1:38:20 | 139 | TRISTAN EAGER | 26 | DALLAS, TX | 0:15:25 | 0:54:23 | 0:28:32 |
| 18 | 1:38:36 | 119 | ERIC CADWELL | 39 | WATERTOWN | 0:19:56 | 0:49:35 | 0:29:05 |
| 19 | 1:38:37 | 137 | CHRIS RUBECK | 39 | GENESEO | 0:16:29 | 0:52:43 | 0:29:25 |
| 20 | 1:38:51 | 126 | TERRY GARDNER | 57 | WATERTOWN | 0:19:07 | 0:46:27 | 0:33:17 |
| 21 | 1:39:09 | 124 | CHARLES GUESS | 46 | BALLSTON SPA | 0:17:39 | 0:50:37 | 0:30:53 |
| 22 | 1:39:42 | 901 | TYLER KELLOGG | 18 | ADAMS CENTER | 0:16:22 | 0:50:26 | 0:32:54 |
| 23 | 1:40:44 | 203 | CHRISTINA LOWERY | 38 | CENTRAL SQUARE | 0:16:33 | 0:48:21 | 0:35:50 |
| 24 | 1:41:19 | 104 | STEVEN PLANTE | 50 | FAYETTEVILLE | 0:16:44 | 0:49:52 | 0:34:43 |
| 25 | 1:41:23 | 211 | THERESA BROWNELL | 35 | CANTON | 0:17:56 | 0:49:46 | 0:33:41 |
| 26 | 1:41:57 | 127 | CHRISTOPHER LITTELL | 29 | DEXTER | 0:18:49 | 0:50:01 | 0:33:07 |
| 27 | 1:42:05 | 212 | LAUREN SISCHO | 19 | RODMAN | 0:20:06 | 0:56:48 | 0:25:11 |
| 28 | 1:42:42 | 141 | NICK COONEY | 27 | BLACK RIVER | 0:12:46 | 0:56:01 | 0:33:55 |
| 29 | 1:44:24 | 143 | SCOTT RANDALL | 22 | ADAMS CENTER | 0:20:20 | 0:55:26 | 0:28:38 |
| 30 | 1:45:23 | 134 | ROBERT GROFF | 28 | NEW YORK | 0:18:32 | 0:50:11 | 0:36:40 |
| 31 | 1:45:24 | 120 | SCOTT DALEY | 48 | ROCHESTER | 0:17:19 | 0:52:23 | 0:35:42 |
| 32 | 1:46:40 | 154 | TIM WATSON | 47 | N SYRACUSE | 0:17:25 | 0:43:14 | 0:46:01 |
| 33 | 1:46:43 | 108 | MATT PAQUETTE | 38 | CENTRAL SQUARE | 0:19:11 | 0:53:56 | 0:33:36 |
| 34 | 1:46:43 | 136 | FRANK RHODE | 50 | WATERTOWN | 0:19:58 | 0:50:18 | 0:36:27 |
| 35 | 1:46:49 | 114 | ANDREW LAWLOR | 47 | PONT, PA | 0:18:36 | 0:54:50 | 0:33:23 |
| 36 | 1:47:02 | 210 | LORRAINE TURTURRO | 46 | WATERTOWN | 0:20:27 | 0:58:48 | 0:27:47 |
| 37 | 1:47:12 | 123 | DEWAYNE BRAMLETT | 34 | WATERTOWN | 0:19:59 | 0:52:46 | 0:34:27 |
| 38 | 1:47:34 | 112 | KELSEY BRADY | 13 | CARTHAGE | 0:15:37 | 0:55:25 | 0:36:32 |
| 39 | 1:48:51 | 125 | ALEX HAMPTON | 24 | SACKETS HARBOR | 0:18:07 | 0:57:30 | 0:33:14 |
| 40 | 1:49:17 | 216 | TERESA SCOPPA | 29 | MONTOSE, PA | 0:18:21 | 0:47:58 | 0:42:58 |
| 41 | 1:49:31 | 147 | JAMES SCORDO | 49 | WATERTOWN | 0:18:46 | 0:49:46 | 0:40:59 |
| 42 | 1:49:39 | 208 | ERIN BETZ | 28 | CLAYTON | 0:18:17 | 0:54:06 | 0:37:16 |
| 43 | 1:50:28 | 202 | CHRISTINA BUCSHMANN | 48 | WATERVILLE | 0:20:31 | 0:57:38 | 0:32:19 |
| 44 | 1:50:50 | 103 | MICHAEL SINGER | 35 | CICERO | 0:21:06 | 0:57:28 | 0:32:16 |
| 45 | 1:51:41 | 146 | STEFAN MATOING | 26 | WATERTOWN | 0:19:48 | 0:57:36 | 0:34:17 |
| 46 | 1:54:18 | 117 | ROBERT PULLEASE | 39 | WATERTOWN | 0:22:03 | 0:56:11 | 0:36:04 |
| 47 | 1:54:19 | 115 | JEREMY BROWN | 30 | HENRIETTA | 0:18:33 | 0:58:01 | 0:37:45 |
| 48 | 1:54:57 | 206 | BRITTANY FIELDS | 19 | CHAUMONT | 0:20:45 | 1:05:02 | 0:29:10 |
| 49 | 1:55:40 | 110 | BRIAN LANTIER | 35 | CLAYTON | 0:22:23 | 0:52:24 | 0:40:53 |
| 50 | 1:55:46 | 144 | ERIC BEATTIE | 21 | ADAMS CENTER | 0:25:36 | 1:01:15 | 0:28:55 |
| 51 | 1:59:20 | 116 | STEVE GAMBINO | 42 | NEWARK | 0:19:37 | 0:54:34 | 0:45:09 |
| 52 | 1:59:47 | 205 | SARAH LAWLOR | 20 | SLIPPERY ROCK, PA | 0:17:54 | 0:55:00 | 0:46:53 |
| 53 | 2:00:11 | 102 | JOHN SINGER | 67 | SUFFERN | 0:20:22 | 1:03:08 | 0:36:41 |
| 54 | 2:01:01 | 131 | JAY BERKMAN | 31 | WEST STOCKHOLM | 0:22:43 | 0:55:14 | 0:43:04 |
| 55 | 2:01:38 | 204 | SHELBY GRIGG | 20 | WATERTOWN | 0:21:26 | 1:15:05 | 0:25:07 |
| 56 | 2:01:50 | 217 | ALLYSON RYAN | 32 | SYRACUSE | 0:19:54 | 1:01:50 | 0:40:06 |
| 57 | 2:01:56 | 109 | DAN BERKMAN | 52 | MILTON, MA | 0:25:41 | 0:55:40 | 0:40:35 |
| 58 | 2:03:11 | 219 | CLAUDIA FISH | 41 | WATERTOWN | 0:22:06 | 1:10:24 | 0:30:41 |
| 59 | 2:03:12 | 150 | STEVEN FISH | 42 | WATERTOWN | 0:22:08 | 1:01:39 | 0:39:25 |
| 60 | 2:07:10 | 106 | RALPH JANICK | 69 | CAPE VINCENT | 0:23:09 | 1:02:44 | 0:41:17 |
| 61 | 2:09:26 | 207 | CJ JACKSON | 44 | WATERTOWN | 0:22:25 | 1:05:47 | 0:41:14 |
| 62 | 2:09:30 | 101 | BRIAN MARCOLIN | 26 | SACKETS HARBOR | 0:21:14 | 0:57:10 | 0:51:06 |
| 63 | 2:09:51 | 140 | RICK KHARAS | 50 | SYRACUSE | 0:23:58 | 1:05:08 | 0:40:45 |
| 64 | 2:10:12 | 153 | PATRICK SHARLOW | 17 | DELMAR | 0:25:43 | 1:11:16 | 0:33:13 |
| 65 | 2:10:20 | 201 | KELLY FORD | 29 | HAMPTON, NJ | 0:18:42 | 1:15:34 | 0:36:04 |
| 66 | 2:11:25 | 215 | CAROL HEINICK | 51 | NORWOOD | 0:25:16 | 0:53:23 | 0:52:46 |
| 67 | 2:12:37 | 130 | DUANE MESSERSCHMIDT | 45 | GENESEO | 0:19:35 | 0:58:11 | 0:54:51 |
| 68 | 2:16:26 | 220 | JANINE QUINLAN | 51 | SODUS POINT | 0:24:41 | 1:07:39 | 0:44:06 |

LYME SPRINT TRIATHLON 2007

CHAUMONT, NY August 5, 2007

Ironman SBR

| Place | Time | # | Name | Age | Home | Swim | Bike | Run |
|-------|---------|-----|-----------------|-----|-------------|---------|---------|---------|
| 1 | 1:19:05 | 149 | ANDY POWELL | 34 | MARCELLUS | 0:12:52 | 0:41:23 | 0:24:50 |
| 69 | 2:24:17 | 138 | ZACHERY AMBROSE | 22 | WATERTOWN | 0:16:37 | 1:08:46 | 0:58:54 |
| 70 | 2:26:03 | 132 | CASEY STEWART | 15 | CHAUMONT | 0:26:01 | 1:15:40 | 0:44:22 |
| 71 | 2:26:06 | 133 | MARK STEWART | 51 | CHAUMONT | 0:26:31 | 1:15:04 | 0:44:31 |
| 72 | 2:36:48 | 118 | PAUL CROSSMAN | 60 | WARRENSBURG | 0:27:57 | 1:16:56 | 0:51:55 |

** Bike split included in run split.