



Lyme Sprint Triathlon - Paddle Bike Run
Sunday, August 5th, 2012 - Chaumont, NY
Timed By YellowJacket Racing
17 Total Finishers (3 Female, 6 Male, 9 Teams)



Pos	Bib	Firstname	Lastname	Gender	Class	Ages	TShirt	TotalTm
M35-39								
	1	108	Jonathon Ward	M	M35-39	39	Dexter NY	1:48:58.489
M45-49								
	1	75	Steven Sabella	M	M45-49	47	Liverpool NY	1:51:53.210
MOver70								
	1	96	Bernie Murray	M	MOver70	77	Waterford CT	2:45:49.095
Overall Female								
	1	20	Joy Covey	F	Overall Female	49	Mannsville NY	1:27:52.601
	2	66	Marlene Paeth	F	Overall Female	49	Kendall NY	1:40:55.058
	3	52	Rebecca McCarthy	F	Overall Female	52	Dexter NY	2:11:21.571
Overall Male								
	1	67	Ron Paeth	M	Overall Male	48	Kendall NY	1:26:23.292
	2	117	Stephen Berghash	M	Overall Male	54	Scottsville NY	1:26:42.668
	3	25	Jeffrey Diacik	M	Overall Male	51		1:37:04.918
Overall Team								
	1	121	Team Rockefeller	T	Overall Team	60	Watertown NY	1:11:48.159
	2	116	Team Cavalli/Fergusson	T	Overall Team	37	Rochester NY	1:13:30.547
	3	89	Team Towne	T	Overall Team	56	Watertown NY	1:18:33.205
T34-39								
	1	112	Team Sharlow/Peterson	T	T34-39	54	Chaumont NY	1:45:06.724
T35-39								
	1	36	Team Godfrey	T	T35-39	54		1:39:28.891
T50-54								
	1	64	Team ONiell/ONiell/Dise/Crupey	T	T50-54	73	Webster NY	1:23:00.089
TOver70								
	1	62	Team Nugent/Mayne/Kimball/Hardwick	T	TOver70	70	Watertown NY	1:33:05.479
TUnder20								
	1	77	Team Schell Point	T	TUnder20	15	Cave Junction OR	2:13:15.560



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Pos	Bib	Firstname	Lastname	Gender	Class	Ages	TShirt	PaddleTm	T1Tm	BikeTm	T2Tm	RunTm	TotalTm
1	121	Team	Rockefeller	T	Overall Team	60	Watertown NY	23:48:13.523	0:00:16.967	0:55:12.264	0:00:28.017	0:27:37.388	1:11:48.159
2	116	Team	Cavalli/Fergusson	T	Overall Team	37	Rochester NY	23:55:15.379	0:01:36.321	0:53:27.682	0:00:13.248	0:22:57.917	1:13:30.547
3	89	Team	Towne	T	Overall Team	56	Watertown NY	23:51:25.055	0:00:34.217	1:00:05.794	0:00:19.873	0:26:08.266	1:18:33.205
4	64	Team	ONiell/ONiell/Dise/Crupey	T	T50-54	73	Webster NY	23:58:50.776	0:00:37.010	0:50:21.216	0:00:24.701	0:32:46.386	1:23:00.089
5	67	Ron	Paeth	M	Overall Male	48	Kendall NY	23:57:59.241	0:01:37.287	0:52:47.183	0:00:59.586	0:32:59.995	1:26:23.292
6	117	Stephen	Berghash	M	Overall Male	54	Scottsville NY	23:45:39.223	0:01:08.871	0:57:11.795	0:00:48.864	0:41:53.915	1:26:42.668
7	20	Joy	Covey	F	Overall Female	49	Mannsville NY	23:57:10.626	0:01:18.019	0:56:04.443	0:00:49.949	0:32:29.564	1:27:52.601
8	62	Team	Nugent/Mayne/Kimball/Hardwick	T	TOver70	70	Watertown NY	23:53:57.775	0:00:22.805	1:08:53.541	0:29:51.358	1:33:05.479	1:33:05.479
9	25	Jeffrey	Diacik	M	Overall Male	51		0:01:38.198	0:01:55.873	0:55:26.799	0:38:04.048	1:37:04.918	1:37:04.918
10	36	Team	Godfrey	T	T35-39	54		23:52:20.011	0:03:22.863	1:02:53.810	0:40:52.207	1:39:28.891	1:39:28.891
11	66	Marlene	Paeth	F	Overall Female	49	Kendall NY	0:01:36.407	0:00:44.935	1:01:33.849	0:36:59.867	1:40:55.058	1:40:55.058
12	112	Team	Sharlow/Peterson	T	T34-39	54	Chaumont NY	23:59:07.232	0:00:32.392	0:58:08.380	0:47:18.720	1:45:06.724	1:45:06.724
13	108	Jonathon	Ward	M	M35-39	39	Dexter NY	0:00:29.548	0:02:12.352	1:07:05.756	0:00:33.698	0:38:37.135	1:48:58.489
14	75	Steven	Sabella	M	M45-49	47	Liverpool NY	0:00:35.189	0:03:39.117	1:02:07.100	0:01:54.805	0:43:36.999	1:51:53.210
15	52	Rebecca	McCarthy	F	Overall Female	52	Dexter NY	0:00:26.538	0:01:40.715	1:07:58.219	0:01:33.356	0:59:42.743	2:11:21.571
16	77	Team	Schell Point	T	TUnder20	15	Cave Junction OR	0:21:23.537	0:00:22.021	1:09:05.774	0:00:20.418	0:42:03.810	2:13:15.560
17	96	Bernie	Murray	M	MOver70	77	Waterford CT	0:05:48.570	0:03:54.052	1:33:54.695	0:01:06.438	1:01:05.340	2:45:49.095



Lyme Sprint Triathlon - Swim Bike Run
Sunday, August 5th, 2012 - Chaumont, NY
Timed By YellowJacket Racing
102 Total Finishers (38 Female, 52 Male, 12 Teams)



Pos	Bib	Firstname	Lastname	Gender	Class	Ages	TShirt	TotalTm
F20-24								
	1	114	Natalie Muka	F	F20-24	22	Cortland NY	2:01:46.090
	2	122	Monica Hendricks	F	F20-24	23	Chester NY	2:28:20.227
F25-29								
	1	91	Unknown Unknown	F	F25-29	29	Henderson NY	1:42:52.130
	2	49	Ashley McCarthy	F	F25-29	26	Mooresville NC	1:52:45.693
	3	4	Danielle Andrew	F	F25-29	28	Baldwinsville NY	2:07:37.171
	4	123	Kristine Kennefick	F	F25-29	27	Monroe NY	2:22:52.272
	5	102	Jennifer Akins	F	F25-29	29	Black River NY	2:42:02.931
F30-34								
	1	47	Lauren Long	F	F30-34	31		1:43:57.463
	2	105	Mandy Johnson	F	F30-34	34	Dexter NY	2:17:38.119
F35-39								
	1	45	Garet Libbey	F	F35-39	36	Chaumont NY	1:49:42.746
	2	24	Virginia Desens	F	F35-39	38	Williamson NY	1:55:46.988
	3	103	Leslie Gill	F	F35-39	36	Felts Mills NY	2:42:02.898
F40-44								
	1	73	Kara Rusch	F	F40-44	44		1:43:24.700
	2	46	Kristen Long	F	F40-44	43	Gansevoort NY	1:51:31.488
	3	80	Debra Sheridan	F	F40-44	43	Watertown NY	1:53:03.346
	4	56	Michelle Moore	F	F40-44	41	West Leyden NY	1:55:44.122
	5	15	Elizabeth Conner	F	F40-44	42	Allentown PA	1:55:55.873
	6	37	Margie Harmer	F	F40-44	40		2:00:07.746
	7	30	Deborah Emery	F	F40-44	40	Liverpool NY	2:07:42.911
	8	12	Amy Burpee	F	F40-44	44	Binghamton NY	2:11:09.761
	9	86	Karen Suiter	F	F40-44	43	Fairport NY	2:14:20.731
	10	58	Krista Muszak	F	F40-44	41	Hilton NY	2:17:04.025
F45-49								
	1	18	Cheryl Corbeille	F	F45-49	49	Black Creek WI	1:49:31.787
	2	76	Julie Sawyer	F	F45-49	47	Copenhagen NY	1:49:52.047
	3	9	Sally Boulter	F	F45-49	46	Bethesda MD	2:01:54.495
	4	3	Shannon Anderson	F	F45-49	47	Cortland NY	2:03:51.826
	5	26	Michele Diacik	F	F45-49	48		2:08:36.907
F50-54								
	1	119	Nancy Martel	F	F50-54	51	Fort Drum NY	1:51:28.770
	2	55	Denise Moore	F	F50-54	52	Watertown NY	2:00:15.316
	3	32	Miolly English-Bowers	F	F50-54	51	Liverpool NY	2:07:59.177
	4	54	Joanne McKinney	F	F50-54	51	Dexter NY	2:08:31.172
	5	40	Karen Irwin	F	F50-54	52	Medina NY	2:32:54.578
	6	63	Carole Nuzzo	F	F50-54	53	Manlius NY	2:33:32.499



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7	83 Carrie	Sorensen	F	F50-54	54 Watertown NY	2:38:58.511
M20-24						
1	68 Shawn	Parkhurst	M	M20-24	20 Oswego NY	1:37:59.045
2	53 Chris	McKinney	M	M20-24	21 Dexter NY	1:41:29.325
3	6 Mark	Barbato	M	M20-24	20 N Syracuse NY	2:01:51.009
4	127 Patrick	Sharlow	M	M20-24	22 Binghamton NY	2:20:44.895
M25-29						
1	78 James	Schibuk	M	M25-29	29 New York NY	1:29:48.243
2	65 Aaron	Orsini	M	M25-29	29 Watertown NY	1:42:10.760
3	110 Edward	Southworth	M	M25-29	25 Cortland NY	1:45:13.712
4	57 Nick	Multari	M	M25-29	25 Sandy Creek NY	1:48:42.003
5	98 Yussif	Shehata	M	M25-29	26 Mooresville NC	1:52:46.775
6	120 Michael	Barbato	M	M25-29	28 North Syracuse NY	2:12:58.328
M30-34						
1	48 James	Maxon	M	M30-34	31 Minoa NY	1:31:01.322
2	101 Anthony	Neto	M	M30-34	31 Watertown NY	1:40:33.427
3	31 Bryan	English	M	M30-34	32 Syracuse NY	1:44:17.200
4	33 Michael	Farrell	M	M30-34	33 Boston MA	1:52:50.380
M35-39						
1	104 Paul	Aemisegeo	M	M35-39	39 Easton PA	1:27:53.275
2	1 Alvah	Aldrich	M	M35-39	36 Geneva NY	1:28:17.083
3	39 Gerald	Lapora	M	M35-39	39 West Chazy NY	1:37:16.547
4	109 Travis	Rupert	M	M35-39	38 Lowville NY	1:42:41.991
M40-44						
1	115 Douglas	Domagala	M	M40-44	42 Lowville NY	1:35:48.967
2	21 Ron	Crandall	M	M40-44	44 Rochester NY	1:40:07.276
3	107 Jeffrey	Gilbert	M	M40-44	40 Syracuse NY	1:41:13.700
4	88 Mark	Thomas	M	M40-44	41 Carthage NY	1:42:13.279
5	94 Steven	Wood	M	M40-44	44 Watertown NY	1:56:54.710
6	61 Patrick	Noce	M	M40-44	43	2:15:06.631
7	42 Kirk	Thomas	M	M40-44	41 Chaumont NY	2:17:32.890
8	72 Lance	Ronas	M	M40-44	43 Antwerp NY	2:32:35.261
9	84 Joseph	Stenard	M	M40-44	44 Albany NY	2:45:37.198
M45-49						
1	90 Patrick	Turley	M	M45-49	49 Syracuse NY	1:33:43.257
2	118 Wayne	Vanderpool	M	M45-49	48 Adams NY	1:35:24.842
3	5 Eric	Bansbach	M	M45-49	46 Fayetteville NY	1:41:37.517
4	82 Scott	Siver	M	M45-49	47 Valatie NY	1:49:41.008
5	50 Brett	McCarthy	M	M45-49	45 Mooresville NC	1:56:23.004
6	13 Charles	Burpee	M	M45-49	45 Binghamton NY	2:05:42.303
M50-54						
1	35 Jim	Finnerty	M	M50-54	54 Watertown NY	1:38:46.716



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2	51 Daniel	McCarthy	M	M50-54	50 Dexter NY	1:44:46.372
3	125 Rob	Gefell	M	M50-54	52 Watertown NY	1:47:59.672
4	34 John	Fessenden	M	M50-54	51 Sackets Harbor NY	1:48:11.880
5	16 Ted	Conner	M	M50-54	53 Allentown PA	1:55:55.781
6	19 Joe	Corbeille	M	M50-54	50 Black Creek WI	1:58:12.211
M55-59						
1	69 Steven	Plante	M	M55-59	56 Fayetteville NY	1:34:17.176
2	124 Mark	Purcell	M	M55-59	57 Watertown NY	1:42:42.255
3	43 Dave	Knaebel	M	M55-59	55 Manlius NY	2:13:50.150
4	7 Daniel	Berkman	M	M55-59	57 Milton MA	2:23:23.826
5	97 Kelly	Martin	M	M55-59	58 Ithaca NY	2:23:23.916
M60-64						
1	113 Jeff	Garomen	M	M60-64	62 Watertown NY	1:46:10.357
MUnder20						
1	41 Andrew	Keenan	M	MUnder20	17 Watertown NY	1:33:52.410
2	126 Samuel	Purcell	M	MUnder20	18 Watertown NY	1:40:11.184
3	22 Justin	Dalaba	M	MUnder20	18 Baldwinsville NY	1:43:27.865
Overall Female						
1	14 Kristine	Cole	F	Overall Female	37 Watertown NY	1:36:42.743
2	59 Betsy	Nicol	F	Overall Female	53 Copenhagen NY	1:41:07.778
3	29 Stephanie	Eldridge	F	Overall Female	33 Carthage NY	1:41:14.457
Overall Male						
1	74 Marc	Rusch	M	Overall Male	48 Redwood NY	1:24:35.995
2	38 Michael	Harris	M	Overall Male	51 Chaumont NY	1:25:20.190
3	10 James	Brady	M	Overall Male	45 Carthage NY	1:26:50.101
Overall Team						
1	106 Team	Johnson/Libbey	T	Overall Team	38 Watertown NY	1:33:11.891
2	27 Team	Docteur/Docteur/Williams	T	Overall Team	41	1:38:34.610
3	92 Team	Vlivet/Stephens/Jackson	T	Overall Team	17	1:41:31.406
T35-39						
1	87 Team	Thesier/Chalom/Slocum	T	T35-39	37 Watertown NY	1:48:45.119
2	100 Nicole	Noce/Sholette	T	T35-39	36 Rochester NY	1:56:04.022
T45-49						
1	93 Team	Whitehead/Argiropoulos	T	T45-49	63 Oswego NY	1:55:16.360
2	17 Team	Cooz Plodin	T	T45-49	45 Springfield MA	2:23:21.325
T50-54						
1	8 Team	Black/Bulger/Sargent	T	T50-54	52	1:53:22.941
T60-64						
1	99 Team	Hunter/Moore/Moore	T	T60-64	62 Stockbridge GA	2:00:50.463



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T65-69

1	128 Team	Fancher/Goodbody/Watson	T	T65-69	67 Chaumont NY	2:11:57.700
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TUnder20

1	79 Team	Sharfstein/Bill/Shively	T	TUnder20	20	1:42:51.822
2	28 Team	Docteur/Williams/Williams	T	TUnder20	13	1:59:14.336
3	11 Team	Burns and Stenard	T	TUnder20	16 Albany NY	2:20:47.879



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1	74	Marc	Rusch	M	Overall Male	48	Redwood NY	0:11:08.124	0:00:34.790	0:44:39.101	0:00:31.670	0:27:42.310	1:24:35.995
2	38	Michael	Harris	M	Overall Male	51	Chaumont NY	0:10:40.883	0:00:58.109	0:45:04.563	0:00:36.200	0:28:00.435	1:25:20.190
3	10	James	Brady	M	Overall Male	45	Carthage NY	0:12:16.998	0:00:45.124	0:48:30.130	0:00:34.690	0:24:43.159	1:26:50.101
4	104	Paul	Aemisegeo	M	M35-39	39	Easton PA	0:10:24.184	0:00:55.316	0:44:45.770	0:00:25.567	0:31:22.438	1:27:53.275
5	1	Alvah	Aldrich	M	M35-39	36	Geneva NY	0:12:25.664	0:00:54.754	0:45:23.366	0:00:41.169	0:28:52.130	1:28:17.083
6	78	James	Schibuk	M	M25-29	29	New York NY	0:12:49.123	0:01:17.457	0:47:01.410	0:00:50.283	0:27:49.970	1:29:48.243
7	48	James	Maxon	M	M30-34	31	Minoa NY	0:12:07.803	0:00:33.686	0:50:45.720	0:00:41.382	0:26:52.731	1:31:01.322
8	106	Team	Johnson/Libbey	T	Overall Team	38	Watertown NY	0:11:28.667	0:00:33.383	0:47:26.110	0:00:21.393	0:33:22.338	1:33:11.891
9	90	Patrick	Turley	M	M45-49	49	Syracuse NY	0:12:14.541	0:01:41.018	0:48:43.781	0:01:06.291	0:29:57.626	1:33:43.257
10	41	Andrew	Keenan	M	MUnder20	17	Watertown NY	0:09:57.983	0:01:06.196	0:49:41.397	0:00:59.518	0:32:07.316	1:33:52.410
11	69	Steven	Plante	M	M55-59	56	Fayetteville NY	0:12:18.171	0:01:27.307	0:48:37.257	0:00:48.567	0:31:05.874	1:34:17.176
12	118	Wayne	Vanderpool	M	M45-49	48	Adams NY	0:10:35.851	0:00:53.661	0:47:15.712	0:00:51.491	0:35:48.127	1:35:24.842
13	115	Douglas	Domagala	M	M40-44	42	Lowville NY	0:14:18.640	0:01:52.394	0:52:17.791	0:01:14.094	0:26:06.048	1:35:48.967
14	14	Kristine	Cole	F	Overall Female	37	Watertown NY	0:12:32.383	0:01:12.006	0:52:46.323	0:00:46.531	0:29:25.500	1:36:42.743
15	39	Gerald	Lapora	M	M35-39	39	West Chazy NY	0:13:42.331	0:00:33.591	0:52:21.766	0:00:41.110	0:29:57.749	1:37:16.547
16	68	Shawn	Parkhurst	M	M20-24	20	Oswego NY	0:08:37.450	0:00:28.922	0:56:19.982	0:00:27.330	0:32:05.361	1:37:59.045
17	27	Team	Docteur/Docteur/Williams	T	Overall Team	41		0:14:55.101	0:00:25.943	0:52:52.936	0:00:15.342	0:30:05.288	1:38:34.610
18	35	Jim	Finnerty	M	M50-54	54	Watertown NY	0:13:25.459	0:01:41.410	0:50:41.821	0:01:08.452	0:31:49.574	1:38:46.716
19	21	Ron	Crandall	M	M40-44	44	Rochester NY	0:14:54.950	0:00:58.658	0:53:04.126	0:00:45.799	0:30:23.743	1:40:07.276
20	126	Samuel	Purcell	M	MUnder20	18	Watertown NY	0:12:23.430	0:01:06.930	0:55:32.781	0:00:28.088	0:30:39.955	1:40:11.184
21	101	Anthony	Neto	M	M30-34	31	Watertown NY	0:14:35.224	0:01:23.011	0:53:17.827	0:00:52.145	0:30:25.220	1:40:33.427
22	59	Betsy	Nicol	F	Overall Female	53	Copenhagen NY	0:12:29.858	0:01:10.949	0:53:29.664	0:00:44.695	0:33:12.612	1:41:07.778
23	107	Jeffrey	Gilbert	M	M40-44	40	Syracuse NY	0:12:36.025	0:01:11.349	0:52:16.546	0:01:20.527	0:33:49.253	1:41:13.700
24	29	Stephanie	Eldridge	F	Overall Female	33	Carthage NY	0:14:47.871	0:01:14.162	0:54:23.275	0:00:56.326	0:29:52.823	1:41:14.457
25	53	Chris	McKinney	M	M20-24	21	Dexter NY	0:13:38.624	0:02:07.419	0:51:34.296	0:01:40.844	0:32:28.142	1:41:29.325
26	92	Team	Vlivet/Stephens/Jackson	T	Overall Team	17		0:11:25.382	0:00:23.178	0:59:40.938	0:00:23.179	0:29:38.729	1:41:31.406
27	5	Eric	Bansbach	M	M45-49	46	Fayetteville NY	0:12:28.305	0:01:39.013	0:53:18.873	0:00:51.520	0:33:19.806	1:41:37.517
28	65	Aaron	Orsini	M	M25-29	29	Watertown NY	0:13:44.317	0:00:46.401	0:52:09.763	0:00:56.188	0:34:34.091	1:42:10.760
29	88	Mark	Thomas	M	M40-44	41	Carthage NY	0:13:10.548	0:01:12.007	0:55:56.139	0:01:01.529	0:30:53.056	1:42:13.279
30	109	Travis	Rupert	M	M35-39	38	Lowville NY	0:15:35.691	0:02:03.919	0:52:26.998	0:01:23.391	0:31:11.992	1:42:41.991
31	124	Mark	Purcell	M	M55-59	57	Watertown NY	0:13:49.151	0:01:12.757	0:53:50.098	0:00:51.389	0:32:58.860	1:42:42.255
32	79	Team	Sharfstein/Bill/Shively	T	TUnder20	20		0:16:16.942	0:00:33.938	0:59:32.466		0:26:28.476	1:42:51.822
33	91	Unknown	Unknown	F	F25-29	29	Henderson NY	0:14:52.558	0:01:08.267	0:57:23.902		0:29:27.403	1:42:52.130
34	73	Kara	Rusch	F	F40-44	44		0:15:17.582	0:01:06.722	0:53:38.972	0:00:44.981	0:32:36.443	1:43:24.700
35	22	Justin	Dalaba	M	MUnder20	18	Baldwinsville NY	0:13:45.343	0:01:11.210	0:57:08.811	0:00:27.943	0:30:54.558	1:43:27.865
36	47	Lauren	Long	F	F30-34	31		0:15:30.862	0:01:18.427	0:53:42.207	0:01:14.831	0:32:11.136	1:43:57.463
37	31	Bryan	English	M	M30-34	32	Syracuse NY	0:13:20.440	0:00:58.033	0:50:13.859	0:01:15.474	0:38:29.394	1:44:17.200
38	51	Daniel	McCarthy	M	M50-54	50	Dexter NY	0:17:20.886	0:02:13.584	0:51:34.391	0:01:26.991	0:32:10.520	1:44:46.372
39	110	Edward	Southworth	M	M25-29	25	Cortland NY	0:15:06.964	0:01:30.963	0:55:08.434	0:00:29.925	0:32:57.426	1:45:13.712



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40	113	Jeff	Garomen	M	M60-64	62	Watertown NY	0:15:51.113	0:01:45.262	0:48:41.555	0:01:15.349	0:38:37.078	1:46:10.357
41	125	Rob	Gefell	M	M50-54	52	Watertown NY	0:16:52.089	0:01:27.006	0:56:56.070		0:32:44.507	1:47:59.672
42	34	John	Fessenden	M	M50-54	51	Sackets Harbor NY	0:15:22.155	0:01:39.453	0:54:44.561	0:00:52.261	0:35:33.450	1:48:11.880
43	57	Nick	Multari	M	M25-29	25	Sandy Creek NY	0:15:20.922	0:01:05.223	0:58:43.656		0:33:32.202	1:48:42.003
44	87	Team	Thesier/Chalom/Slocum	T	T35-39	37	Watertown NY	0:10:04.193	0:00:29.494	1:10:28.777	0:00:11.360	0:27:31.295	1:48:45.119
45	18	Cheryl	Corbeille	F	F45-49	49	Black Creek WI	0:16:44.456	0:01:38.101	0:59:31.094		0:31:38.136	1:49:31.787
46	82	Scott	Siver	M	M45-49	47	Valatie NY	0:15:48.794	0:01:14.349	0:56:43.237		0:35:54.628	1:49:41.008
47	45	Garet	Libbey	F	F35-39	36	Chaumont NY	0:16:49.713	0:01:51.235	0:57:44.318		0:33:17.480	1:49:42.746
48	76	Julie	Sawyer	F	F45-49	47	Copenhagen NY	0:18:43.814	0:00:55.378	0:57:17.601		0:32:55.254	1:49:52.047
49	119	Nancy	Martel	F	F50-54	51	Fort Drum NY	0:14:47.139	0:01:09.104	0:56:07.171	0:01:39.049	0:37:46.307	1:51:28.770
50	46	Kristen	Long	F	F40-44	43	Gansevoort NY	0:14:32.780	0:00:55.236	1:00:10.778		0:35:52.694	1:51:31.488
51	49	Ashley	McCarthy	F	F25-29	26	Mooresville NC	0:13:16.834	0:01:31.511	0:57:09.124	0:00:38.509	0:40:09.715	1:52:45.693
52	98	Yussif	Shehata	M	M25-29	26	Mooresville NC	0:15:59.171	0:01:15.173	0:54:40.143		0:40:52.288	1:52:46.775
53	33	Michael	Farrell	M	M30-34	33	Boston MA	0:59:08.633		0:20:40.348		0:33:01.399	1:52:50.380
54	80	Debra	Sheridan	F	F40-44	43	Watertown NY	0:15:14.446	0:02:13.842	0:59:57.692		0:35:37.366	1:53:03.346
55	8	Team	Black/Bulger/Sargent	T	T50-54	52		0:17:38.625	0:00:33.735	1:00:08.470		0:35:02.111	1:53:22.941
56	93	Team	Whitehead/Argiropoulos	T	T45-49	63	Oswego NY	0:19:33.638	0:01:01.790	1:01:24.477	0:00:22.802	0:32:53.653	1:55:16.360
57	56	Michelle	Moore	F	F40-44	41	West Leyden NY	0:12:49.740	0:02:29.212	0:59:03.178		0:41:21.992	1:55:44.122
58	24	Virginia	Desens	F	F35-39	38	Williamson NY	0:16:40.681	0:01:32.982	1:00:34.745		0:36:58.580	1:55:46.988
59	16	Ted	Conner	M	M50-54	53	Allentown PA	0:15:25.789	0:01:47.575	1:03:21.754		0:35:20.663	1:55:55.781
60	15	Elizabeth	Conner	F	F40-44	42	Allentown PA	0:15:26.100	0:01:48.695	1:03:20.479		0:35:20.599	1:55:55.873
61	100	Nicole	Noce/Sholette	T	T35-39	36	Rochester NY	0:11:45.066	0:00:32.519	1:03:00.233		0:40:46.204	1:56:04.022
62	50	Brett	McCarthy	M	M45-49	45	Mooresville NC	0:17:26.912	0:01:18.566	0:57:15.791		0:40:21.735	1:56:23.004
63	94	Steven	Wood	M	M40-44	44	Watertown NY	0:16:54.954	0:01:56.456	1:01:57.874	0:00:56.018	0:35:09.408	1:56:54.710
64	19	Joe	Corbeille	M	M50-54	50	Black Creek WI	0:19:39.579	0:01:22.105	0:54:27.176		0:42:43.351	1:58:12.211
65	28	Team	Docteur/Williams/Williams	T	TUnder20	13		0:12:42.290	0:00:56.344	1:11:14.696	0:00:15.316	0:34:05.690	1:59:14.336
66	37	Margie	Harmer	F	F40-44	40		0:19:49.682	0:02:08.642	1:04:57.833	0:01:07.556	0:32:04.033	2:00:07.746
67	55	Denise	Moore	F	F50-54	52	Watertown NY	0:18:32.427	0:01:15.476	1:00:03.404		0:40:24.009	2:00:15.316
68	99	Team	Hunter/Moore/Moore	T	T60-64	62	Stockbridge GA	0:18:50.500	0:00:31.557	1:03:27.843	0:00:34.254	0:37:26.309	2:00:50.463
69	114	Natalie	Muka	F	F20-24	22	Cortland NY	0:15:57.977	0:01:13.841	1:09:50.489	0:00:36.745	0:34:07.038	2:01:46.090
70	6	Mark	Barbato	M	M20-24	20	N Syracuse NY	0:16:51.318	0:01:10.141	1:03:20.193	0:00:26.962	0:40:02.395	2:01:51.009
71	9	Sally	Boulter	F	F45-49	46	Bethesda MD	0:14:52.320	0:03:11.772	1:00:13.702		0:43:36.701	2:01:54.495
72	3	Shannon	Anderson	F	F45-49	47	Cortland NY	0:15:51.661	0:02:18.032	1:02:55.217	0:01:48.336	0:40:58.580	2:03:51.826
73	13	Charles	Burpee	M	M45-49	45	Binghamton NY	0:17:37.526	0:02:07.360	1:00:27.810		0:45:29.607	2:05:42.303
74	4	Danielle	Andrew	F	F25-29	28	Baldwinsville NY	0:14:10.469	0:03:00.346	1:09:05.670	0:01:15.147	0:40:05.539	2:07:37.171
75	30	Deborah	Emery	F	F40-44	40	Liverpool NY	0:14:32.295	0:05:28.721	1:02:04.326	0:01:59.966	0:43:37.603	2:07:42.911
76	32	Miolly	English-Bowers	F	F50-54	51	Liverpool NY	0:15:36.904	0:01:13.839	1:06:26.659	0:01:17.078	0:43:24.697	2:07:59.177
77	54	Joanne	McKinney	F	F50-54	51	Dexter NY	0:15:28.819	0:03:31.856	1:04:26.064	0:01:08.704	0:43:55.729	2:08:31.172
78	26	Michele	Diacik	F	F45-49	48		0:16:14.961	0:01:54.373	1:07:38.659	0:01:27.383	0:41:21.531	2:08:36.907
79	12	Amy	Burpee	F	F40-44	44	Binghamton NY	0:15:24.913	0:02:54.945	1:05:31.596	0:00:57.743	0:46:20.564	2:11:09.761
80	128	Team	Fancher/Goodbody/Watson	T	T65-69	67	Chaumont NY	0:16:44.431	0:00:39.704	1:08:36.782	0:00:34.297	0:45:22.486	2:11:57.700



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81	120	Michael	Barbato	M	M25-29	28	North Syracuse NY	0:20:11.347	0:00:56.185	1:06:06.256	0:00:34.193	0:45:10.347	2:12:58.328
82	43	Dave	Knaebel	M	M55-59	55	Manlius NY	0:11:32.486	0:01:28.097	1:00:51.792	0:59:57.775		2:13:50.150
83	86	Karen	Suiter	F	F40-44	43	Fairport NY	0:17:03.498	0:01:52.854	1:14:18.802	0:00:54.167	0:40:11.410	2:14:20.731
84	61	Patrick	Noce	M	M40-44	43		0:19:49.974	0:02:50.549	1:06:05.597	0:01:49.371	0:44:31.140	2:15:06.631
85	58	Krista	Muszak	F	F40-44	41	Hilton NY	0:19:32.815	0:00:58.298	1:12:06.759	0:00:35.331	0:43:50.822	2:17:04.025
86	42	Kirk	Thomas	M	M40-44	41	Chaumont NY	0:22:48.266	0:01:34.999	1:02:21.111	0:00:57.507	0:49:51.007	2:17:32.890
87	105	Mandy	Johnson	F	F30-34	34	Dexter NY	0:01:40.966	0:22:02.801	1:12:08.616	0:41:45.736		2:17:38.119
88	127	Patrick	Sharlow	M	M20-24	22	Binghamton NY	0:21:40.491	0:00:35.545	1:08:45.930	0:00:40.116	0:49:02.813	2:20:44.895
89	11	Team	Burns and Stenard	T	TUnder20	16	Albany NY	0:20:38.737	0:00:39.567	1:18:05.729	0:00:16.800	0:41:07.046	2:20:47.879
90	123	Kristine	Kennefick	F	F25-29	27	Monroe NY	0:21:43.426	0:01:10.599	1:06:08.565	0:03:03.822	0:50:45.860	2:22:52.272
91	17	Team	Cooz Plodin	T	T45-49	45	Springfield MA	0:21:29.416	0:00:56.404	1:12:26.188	0:00:54.739	0:47:34.578	2:23:21.325
92	7	Daniel	Berkman	M	M55-59	57	Milton MA	0:21:20.171	0:03:58.433	1:05:05.024	0:02:40.781	0:50:19.417	2:23:23.826
93	97	Kelly	Martin	M	M55-59	58	Ithaca NY	0:19:41.180	0:01:30.796	1:05:40.279	0:56:31.661		2:23:23.916
94	122	Monica	Hendricks	F	F20-24	23	Chester NY	0:18:39.436	0:01:28.791	1:19:15.549	0:02:18.145	0:46:38.306	2:28:20.227
95	72	Lance	Ronas	M	M40-44	43	Antwerp NY	0:21:42.867	0:02:49.728	1:14:18.039	0:02:06.026	0:51:38.601	2:32:35.261
96	40	Karen	Irwin	F	F50-54	52	Medina NY	0:20:15.402	0:00:44.402	1:15:22.801	0:00:51.504	0:55:40.469	2:32:54.578
97	63	Carole	Nuzzo	F	F50-54	53	Manlius NY	0:18:01.127	0:02:30.218	1:11:43.840	0:02:39.041	0:58:38.273	2:33:32.499
98	83	Carrie	Sorensen	F	F50-54	54	Watertown NY	0:16:04.912	0:02:12.278	1:13:37.570	0:02:22.743	1:04:41.008	2:38:58.511
99	103	Leslie	Gill	F	F35-39	36	Felts Mills NY	0:24:53.043	0:03:03.163	1:13:31.056	0:01:16.175	0:59:19.461	2:42:02.898
100	102	Jennifer	Akins	F	F25-29	29	Black River NY	0:24:52.435	0:02:59.062	1:13:30.030	0:01:21.901	0:59:19.503	2:42:02.931
101	84	Joseph	Stenard	M	M40-44	44	Albany NY	0:25:31.923	0:03:31.544	1:17:32.352	0:00:37.221	0:58:24.158	2:45:37.198