

Lyme Sprint Triathlon
Splits 2016

Division	Div Place	Name	Sex	Age	Swim	T-1	Bike	T-2	Run	Finish_Time
Triathlon										
Triathlon	1	KEENAN, ANDREW	M	21	00:09:59.1	00:00:19.8	00:43:19.7	00:00:35.8	00:24:33.1	01:18:47.5
Triathlon	2	JOYCE, JONATHON	M	20	00:12:45.2	00:00:22.5	00:46:09.0	00:00:24.6	00:24:01.2	01:23:42.4
Triathlon	3	Brady, James	M	49	00:14:26.0	00:00:35.3	00:46:16.6	00:00:25.6	00:24:47.2	01:26:30.6
Triathlon	4	HARRIS, MICHAEL	M	55	00:12:25.9	00:00:57.6	00:46:36.1	00:00:33.5	00:27:24.6	01:27:57.7
Triathlon	5	RUSCH, MARC	M	52	00:13:22.2	00:00:32.2	00:45:33.3	00:00:28.9	00:28:49.0	01:28:45.6
Triathlon	6	MONROE, PAUL	M	58	00:13:16.8	00:01:28.3	00:46:04.0	00:01:06.5	00:28:14.4	01:30:10.0
Triathlon	7	Molinari, Abby	F	35	00:11:27.8	00:00:53.6	00:48:45.4	00:00:50.4	00:29:59.6	01:31:56.7
Triathlon	8	HENDERSON, ZANE	M	17	00:12:44.6	00:01:04.3	00:50:28.1	00:00:35.0	00:27:41.2	01:32:33.2
Triathlon	9	Smith, Meghan	F	20	00:11:56.0	00:00:27.3	00:50:03.0	00:00:33.1	00:31:38.0	01:34:37.4
Triathlon	10	FEE, MATTHEW	M	20	00:12:55.5	00:01:58.8	00:51:30.7	00:01:24.1	00:28:02.9	01:35:52.0
Triathlon	11	MAIER, KEVIN	M	60	00:13:42.6	00:00:44.4	00:47:32.9	00:00:47.1	00:34:08.5	01:36:55.5
Triathlon	12	EBERHART, ROB	M	26	00:14:20.4	00:02:38.4	00:50:35.0	00:00:53.5	00:28:53.0	01:37:20.3
Triathlon	13	Plante, Steven	M	60	00:15:37.1	00:01:02.5	00:45:57.9	00:01:02.0	00:34:10.4	01:37:49.8
Triathlon	14	Shomaker, Bo	M	32	00:14:51.1	00:01:42.8	00:51:59.1	00:01:15.2	00:28:18.0	01:38:06.1
Triathlon	15	RUSCH, KARA	F	48	00:17:36.8	00:00:49.1	00:48:48.0	00:00:40.1	00:30:30.9	01:38:25.0
Triathlon	16	TURLEY, PATRICK	M	53	00:13:14.5	00:01:55.3	00:51:22.9	00:01:12.4	00:32:09.2	01:39:54.3
Triathlon	17	HAGGARD, CHRISTOPHER	M	26	00:15:04.4	00:01:09.7	00:52:27.4	00:00:21.3	00:31:16.6	01:40:19.4
Triathlon	18	THOMAS, MARK	M	45	00:16:16.7	00:01:35.0	00:49:35.0	00:00:43.0	00:32:41.2	01:40:51.0
Triathlon	19	WILHELM, KATEY	F	32	00:13:44.0	00:00:57.0	00:54:43.3	00:00:33.7	00:31:56.1	01:41:54.0
Triathlon	20	Ramus, Kirk	M	32	00:15:37.8	00:00:27.0	00:53:25.0	00:00:36.0	00:31:55.5	01:42:01.3
Triathlon	21	KELLY, OWEN	M	16	00:11:02.4	00:01:47.8	00:54:14.4	00:00:23.8	00:35:00.6	01:42:29.0
Triathlon	22	RICHARDSON, AUSTIN	M	18	00:09:42.8	00:01:16.1	01:01:59.6	00:00:27.1	00:29:52.3	01:43:17.8
Triathlon	23	CLARK, JACOB	M	25	00:15:13.7	00:01:51.7	00:52:10.6	00:02:01.0	00:33:13.4	01:44:30.3
Triathlon	24	MARGESON, SCOTT	M	50	00:14:13.8	00:01:58.8	00:53:38.5	00:01:09.8	00:35:29.1	01:46:30.0
Triathlon	25	GREY, TYLER	M	31	00:19:30.6	00:00:45.3	00:54:18.6	00:00:30.4	00:31:58.1	01:47:03.1
Triathlon	26	JACKSON, ANDREW	M	51	00:16:09.6	00:01:51.2	00:49:55.7	00:00:49.3	00:38:50.4	01:47:36.3
Triathlon	27	Lantier, Brian	M	45	00:18:46.3	00:01:14.3	00:52:29.0	00:01:08.5	00:34:02.4	01:47:40.5
Triathlon	28	BARNHART-BURTO, ASHLEIGH	F	33	00:15:52.7	00:00:34.6	00:58:02.7	00:00:22.7	00:32:51.8	01:47:44.6
Triathlon	29	MUSTARDO, ALEXANDRA	F	26	00:16:56.0	00:01:17.9	01:00:45.8	00:00:35.7	00:28:22.3	01:47:57.7
Triathlon	30	JOHNSON, LAURENE	F	45	00:16:11.8	00:01:33.4	00:57:46.8	00:01:07.9	00:32:34.9	01:49:14.8
Triathlon	31	Finnerty, Jim	M	58	00:16:58.9	00:01:41.0	00:52:00.8	00:01:33.5	00:37:45.9	01:50:00.2

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Triathlon	32	EGLE CAPELLA, JACKIE	F	55	00:15:48.3	00:01:15.0	00:57:01.8	00:01:13.1	00:34:47.2	01:50:05.5
Triathlon	33	CAPELLA, ABBY	F	20	00:15:07.1	00:01:30.1	00:57:28.8	00:01:28.1	00:34:58.5	01:50:32.6
Triathlon	34	BOSSINGER, MEREDITH	F	29	00:17:39.2	00:01:12.1	00:55:57.4	00:00:45.9	00:35:35.6	01:51:10.2
Triathlon	35	Moore, Eric	M	26	00:16:39.5	00:01:42.7	01:01:46.2	00:01:17.0	00:30:53.4	01:52:18.8
Triathlon	36	RUSHO, KRISTEN	F	42	00:14:46.2	00:01:34.4	00:59:52.9	00:01:41.1	00:34:39.5	01:52:34.1
Triathlon	37	SULLIVAN, MATTHEW	M	16	00:18:27.1	00:01:30.4	01:02:20.9	00:01:10.1	00:29:07.0	01:52:35.5
Triathlon	38	SIMBARI, THOMAS	M	51	00:15:31.5	00:00:59.4	00:56:20.2	00:00:38.0	00:39:33.0	01:53:02.1
Triathlon	39	BARBATO, MICHAEL	M	32	00:18:11.1	00:01:02.8	00:58:15.9	00:01:12.8	00:36:25.6	01:55:08.2
Triathlon	40	AMBEAU, THOMAS	M	31	00:20:26.2	00:01:08.9	00:58:43.8	00:00:52.9	00:34:03.5	01:55:15.3
Triathlon	41	WISE, FRANK	M	52	00:17:14.8	00:01:34.6	00:53:15.9	00:01:01.8	00:42:31.0	01:55:38.1
Triathlon	42	TAYLOR, MARK	M	51	00:16:59.8	00:00:32.7	01:00:19.4	00:00:22.8	00:37:26.2	01:55:40.9
Triathlon	43	NOWAKOWSKI, JAKE	M	43	00:16:13.3	00:01:40.7	00:53:48.2	00:01:26.4	00:42:33.2	01:55:41.7
Triathlon	44	Speno, Jacob	M	23	00:17:15.2	00:02:33.2	01:03:20.1	00:00:31.9	00:33:54.6	01:57:34.9
Triathlon	45	Favret, Samantha	F	21	00:13:48.2	00:00:41.3	01:06:14.1	00:00:51.4	00:41:27.5	02:03:02.5
Triathlon	46	WOLF, PATRICK	M	51	00:18:17.0	00:01:49.7	00:58:46.3	00:02:02.7	00:43:22.3	02:04:18.0
Triathlon	47	BOYCHUCK, ANDREW	M	25	00:14:57.3	00:03:35.6	01:13:33.3	00:00:24.8	00:37:38.3	02:10:09.2
Triathlon	48	Barbato, Mark	M	24	00:16:37.9	00:01:59.8	01:02:58.6	00:01:40.9	00:46:52.1	02:10:09.3
Triathlon	49	IVISON, JAY	M	19	00:20:28.0	00:03:00.0	01:13:42.7	00:01:06.9	00:36:25.6	02:14:43.3
Triathlon	50	CORNELL, JESSE	M	16	00:26:56.7	00:02:26.4	01:13:01.9	00:00:41.0	00:31:39.2	02:14:45.1
Triathlon	51	Bloomfield, Jessica	F	23	00:20:59.6	00:03:24.3	01:08:17.6	00:00:54.6	00:48:54.1	02:22:30.2
Triathlon	52	HACHEY, SHANE	M	25	00:28:07.3	00:01:59.0	01:07:59.3	00:00:37.4	00:44:52.2	02:23:35.2
Triathlon	53	Berkman, Dan	M	61	00:25:38.1	00:01:28.8	01:01:43.6	00:02:13.5	00:52:59.3	02:24:03.3
Triathlon	54	Sharlow, Tolan	M	28	00:21:39.2	00:00:48.0	01:10:29.8	00:00:26.8	00:51:36.6	02:25:00.4
Triathlon	55	Sheen, Ellen	F	42	00:21:35.0	00:02:11.8	01:13:44.7	00:01:59.8	00:47:56.6	02:27:28.0
Triathlon	56	Sheen, Natalie	F	12	00:21:23.1	00:02:21.1	01:13:51.0	00:01:57.0	00:47:59.4	02:27:31.6
Triathlon	57	Foley, Katherine	F	26	00:20:51.2	00:00:53.2	01:21:40.7	00:00:24.6	00:45:54.4	02:29:44.0
Triathlon	58	KELLY, MARTIN	M	62	00:25:23.6	00:00:46.4	01:05:24.9	00:01:02.2	01:04:30.6	02:37:07.6
Relay Triathlon										
Relay Tri	1	Morgan, Team	U	41	00:12:36.3	00:00:28.1	00:46:53.9	00:00:24.2	00:36:05.0	01:36:27.6
Relay Tri	2	CHWALEK, Team	M	56	00:16:52.2	00:00:57.1	00:57:09.1	00:00:26.7	00:36:07.8	01:51:32.8
Paddle Bike Run										
Paddle Bike Run	1	RUSHO, DOUG	M	43	00:35:37.9	00:00:39.2	00:42:57.0	00:00:51.2	00:27:33.0	01:47:38.4
Paddle Bike Run	2	Dise, Allen	M	57	00:37:48.4	00:00:35.9	00:52:18.4	00:00:24.3	00:28:06.4	01:59:13.3
Paddle Bike Run	3	Berghash, Stephen	M	58	00:32:15.1	00:00:47.3	00:52:39.2	00:00:43.3	00:36:14.1	02:02:39.0

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Paddle Bike Run	4	Kelly, Allen	M	54	00:32:08.0	00:01:13.0	00:57:51.8	00:01:18.7	00:33:36.7	02:06:08.2
Paddle Bike Run	5	RIDENOUR, SARAH	F	30	00:43:12.8	00:00:49.4	00:54:09.4	00:00:51.8	00:34:02.7	02:13:06.1
Paddle Bike Run	6	Kelly, Mary	F	53	00:33:34.2	00:01:06.3	01:00:03.2	00:01:22.5	00:37:54.8	02:14:01.0
Paddle Bike Run	7	DASHNAW, RODNEY	M	54	00:37:02.7	00:01:49.2	00:53:38.5	00:01:02.5	00:40:54.2	02:14:27.2
Paddle Bike Run	8	PHALEN, MARK	M	38	00:39:51.2	00:02:09.7	01:02:38.3	00:00:31.4	00:31:35.4	02:16:46.0
Paddle Bike Run	9	SECH, NICKY	F	40	00:45:06.0	00:00:38.7	00:57:39.1	00:00:34.5	00:33:47.5	02:17:45.8
Paddle Bike Run	10	Sawyer, Julie	F	51	00:46:51.2	00:01:06.6	00:56:33.3	00:00:48.5	00:34:56.6	02:20:16.1
Paddle Bike Run	11	BIZZARI, ERICA	F	28	00:49:37.6	00:01:35.7	00:59:32.5	00:01:32.4	00:38:06.7	02:30:24.9
Paddle Bike Run	12	BIZZARI, STEPHANIE	F	29	00:49:21.3	00:00:52.2	01:06:00.2	00:00:50.6	00:34:59.6	02:32:03.9
Paddle Bike Run	13	RICHARDSON, THOMAS	M	47	00:53:29.7	00:02:11.2	00:57:26.6	00:01:13.4	00:41:20.6	02:35:41.5
Paddle Bike Run	14	Sharlow, Patrick	M	26	00:48:46.3	00:00:55.6	01:06:29.0	00:00:19.8	00:40:39.0	02:37:09.8
Paddle Bike Run	15	AUGUSTUS, BETH	F	54	00:47:13.0	00:01:30.3	01:02:10.0	00:01:50.4	00:44:59.4	02:37:43.2
Paddle Bike Run	16	GENTILE, TIFFANY	F	31	00:52:25.8	00:01:28.6	01:05:23.9	00:00:54.8	00:44:44.4	02:44:57.5
Paddle Bike Run	17	CONNELLY, ROBERT	M	78	00:56:20.0	00:06:06.1	01:14:23.2	00:03:39.7	00:58:43.9	03:19:12.9
Team Paddle										
Team Paddle	1	WOODRUFF, Team	u	69	00:37:03.7	00:00:30.9	00:51:35.2	00:00:11.5	00:34:10.2	02:03:31.6
Team Paddle	2	Berghash, Team	U	31	00:33:56.1	00:01:11.4	00:59:43.0	00:01:05.5	00:28:39.0	02:04:35.0
Team Paddle	3	Oneil, Team	u	57	00:41:11.2	00:00:27.7	00:52:23.0	00:00:24.9	00:35:37.0	02:10:03.8
Team Paddle	4	Get R Done, Team	U	45	00:43:57.4	00:00:37.2	00:54:13.1	00:00:21.6	00:32:24.0	02:11:33.2
Team Paddle	5	Majors, Team	U	34	00:38:10.9	00:00:53.1	01:05:58.8	00:00:30.1	00:33:56.5	02:19:29.4
Team Paddle	6	Shell Point, Team	U	36	00:52:41.7	00:00:33.1	00:56:08.2	00:00:26.0	00:35:24.8	02:25:13.9
Team Paddle	7	Mayne, Team	u	71	00:41:06.0	00:00:30.1	01:04:29.5	00:00:27.6	00:39:32.2	02:26:05.3
Team Paddle	8	Good Body, Team	U	67		00:55:22.0	01:05:03.0	00:00:14.8	00:35:10.7	02:35:50.5
Team Paddle	9	Optimistic Oldies, Team	U	75	00:52:54.2	00:00:45.7		02:20:53.2	01:00:28.3	03:21:21.6

Results Report - Overall Results

Lyme Spring Triathlon 8/7/2016 Results @ AuyerTiming.com

Div	PI	Bib	Name	XAg	Hometown	Age Cat	Age PI	Time
Paddle Bike Run								
	1	6	RUSHO, DOUG	M43	Fairport NY	M40-44	1 of 1	01:47:38.35
	2	13	Dise, Allen	M57	Albion NY	M55-59	1 of 2	01:59:13.33
	3	9	Berghash, Stephen	M58	Scottsville NY	M55-59	2 of 2	02:02:39.01
	4	11	Kelly, Allen	M54	Rensselaer Falls N	M50-54	1 of 2	02:06:08.18
	5	128	RIDENOUR, SARAH	F30	Spencer NY	F30-34	1 of 2	02:13:06.14
	6	10	Kelly, Mary	F53	Rensselaer Falls N	F50-54	1 of 3	02:14:01.03
	7	64	DASHNAW, RODNEY	M54	Gouverneur NY	M50-54	2 of 2	02:14:27.21
	8	4	PHALEN, MARK	M38	Redwood NY	M35-39	1 of 1	02:16:46.03
	9	93	SECH, NICKY	F40	Carthage NY	F40-44	1 of 1	02:17:45.75
	10	18	Sawyer, Julie	F51	Watertown NY	F50-54	2 of 3	02:20:16.13
	11	1	BIZZARI, ERICA	F28	Auburn NY		of	02:30:24.93
	12	2	BIZZARI, STEPHANIE	F29	Auburn NY		of	02:32:03.92
	13	87	RICHARDSON, THOMAS	M47	Oswego NY	M45-49	1 of 1	02:35:41.49
	14	8	Sharlow, Patrick	M26	Denver CO	M25-29	1 of 1	02:37:09.75
	15	52	AUGUSTUS, BETH	F54	Watertown NY	F50-54	3 of 3	02:37:43.17
	16	3	GENTILE, TIFFANY	F31	Oswego NY	F30-34	2 of 2	02:44:57.49
	17	61	CONNELLY, ROBERT	M78	Oswego NY	M70-99	1 of 1	03:19:12.88
Relay Tri								
	1	37	Morgan, Team	U41	Apalachin NY		of	01:36:27.55
	2	36	CHWALEK, Team	M56	Oswego NY		of	01:51:32.84
Team Paddle								
	1	23	WOODRUFF, Team	u69	Watertown NY		of	02:03:31.58
	2	24	Berghash, Team	U31	Scottsville NY		of	02:04:34.95
	3	22	Oneil, Team	u57			of	02:10:03.80
	4	30	Get R Done, Team	U45	Hagerstown MD		of	02:11:33.25
	5	27	Majors, Team	U34	Casco ME		of	02:19:29.42
	6	25	Shell Point, Team	U36			of	02:25:13.91
	7	21	Mayne, Team	u71			of	02:26:05.30
	8	28	Good Body, Team	U67	STOCKBRIDGE G		of	02:35:50.48
	9	26	Optimistic Oldies, Team	U75	Chaumont NY		of	03:21:21.55
Triathlon								
	1	78	KEENAN, ANDREW	M21	Watertown NY	M20-24	1 of 5	01:18:47.54
	2	77	JOYCE, JONATHON	M20	PHILADELPHIA PA	M20-24	2 of 5	01:23:42.43
	3	134	Brady, James	M49	Carthage NY	M45-49	1 of 3	01:26:30.64
	4	72	HARRIS, MICHAEL	M55	Chaumont NY	M55-59	1 of 3	01:27:57.66
	5	91	RUSCH, MARC	M52	Watertown NY	M50-54	1 of 8	01:28:45.60

Div	PI	Bib	Name	XAg	Hometown	Age Cat	Age PI	Time
6		83	MONROE, PAUL	M58	WILTON Wilnton	M55-59	2 of 3	01:30:10.00
7		132	Molinari, Abby	F35	Oswego NY	F35-39	1 of 1	01:31:56.70
8		73	HENDERSON, ZANE	M17	Clayton NY	M16-19	1 of 6	01:32:33.17
9		112	Smith, Meghan	F20	Coreland PA	F20-24	1 of 4	01:34:37.37
10		67	FEE, MATTHEW	M20	Mannsville NY	M20-24	3 of 5	01:35:51.99
11		81	MAIER, KEVIN	M60	Manlius NY	M60-64	1 of 4	01:36:55.49
12		65	EBERHART, ROB	M26	Sackets Harbor NY	M25-29	1 of 7	01:37:20.29
13		130	Plante, Steven	M60	Cranberry Townshi	M60-64	2 of 4	01:37:49.77
14		113	Shomaker, Bo	M32		M30-34	1 of 5	01:38:06.11
15		90	RUSCH, KARA	F48	Hamilton NY	F45-49	1 of 2	01:38:24.98
16		98	TURLEY, PATRICK	M53	Syracuse NY	M50-54	2 of 8	01:39:54.31
17		71	HAGGARD, CHRISTOPHE	M26	Fort Drum NY	M25-29	2 of 7	01:40:19.36
18		97	THOMAS, MARK	M45	Copenhagen NY	M45-49	2 of 3	01:40:50.98
19		99	WILHELM, KATEY	F32	Syracuse NY	F30-34	1 of 2	01:41:54.05
20		127	Ramus, Kirk	M32	Adams NY	M30-34	2 of 5	01:42:01.32
21		80	KELLY, OWEN	M16	Ithaca NY	M16-19	2 of 6	01:42:29.01
22		86	RICHARDSON, AUSTIN	M18	Oswego NY	M16-19	3 of 6	01:43:17.85
23		60	CLARK, JACOB	M25	Mexico NY	M25-29	3 of 7	01:44:30.32
24		82	MARGESON, SCOTT	M50	Watertown NY	M50-54	3 of 8	01:46:29.98
25		69	GREY, TYLER	M31	Sackets Harbor NY	M30-34	3 of 5	01:47:03.09
26		75	JACKSON, ANDREW	M51	Boonville NY	M50-54	4 of 8	01:47:36.29
27		125	Lantier, Brian	M45	Clayton NY	M45-49	3 of 3	01:47:40.48
28		56	BARNHART-BURTO, ASH	F33	Watertown NY	F30-34	2 of 2	01:47:44.59
29		84	MUSTARDO, ALEXANDRA	F26	Honeoye Falls NY	F25-29	1 of 3	01:47:57.67
30		76	JOHNSON, LAURENE	F45	Syracuse NY	F45-49	2 of 2	01:49:14.81
31		102	Finnerty, Jim	M58	Watertown NY	M55-59	3 of 3	01:50:00.23
32		66	EGLE CAPELLA, JACKIE	F55	Syracuse NY	F55-59	1 of 1	01:50:05.47
33		59	CAPELLA, ABBY	F20	Syracuse NY	F20-24	2 of 4	01:50:32.59
34		57	BOSSINGER, MEREDITH	F29	Watertown NY	F25-29	2 of 3	01:51:10.24
35		105	Moore, Eric	M26	Chaumont NY	M25-29	4 of 7	01:52:18.80
36		92	RUSHO, KRISTEN	F42	Fairport NY	F40-44	1 of 2	01:52:34.06
37		95	SULLIVAN, MATTHEW	M16	Adams NY	M16-19	4 of 6	01:52:35.52
38		94	SIMBARI, THOMAS	M51	Rochester NY	M50-54	5 of 8	01:53:02.10
39		55	BARBATO, MICHAEL	M32	Syracuse NY	M30-34	4 of 5	01:55:08.16
40		51	AMBEAU, THOMAS	M31	Adams NY	M30-34	5 of 5	01:55:15.34
41		7	WISE, FRANK	M52	Fulton NY	M50-54	6 of 8	01:55:38.11
42		96	TAYLOR, MARK	M51	Watertown NY	M50-54	7 of 8	01:55:40.87
43		85	NOWAKOWSKI, JAKE	M43	Phoenix NY	M40-44	1 of 1	01:55:41.72
44		104	Speno, Jacob	M23	Chaumont NY	M20-24	4 of 5	01:57:34.94
45		122	Favret, Samantha	F21	Watertown NY	F20-24	3 of 4	02:03:02.52
46		101	WOLF, PATRICK	M51	Chaumont NY	M50-54	8 of 8	02:04:17.96

Div Pl	Bib Name	XAg Hometown	Age Cat	Age Pl	Time
47	58 BOYCHUCK, ANDREW	M25 Fort Drum NY	M25-29	5 of 7	02:10:09.18
48	131 Barbato, Mark	M24 Liverpool NY	M20-24	5 of 5	02:10:09.27
49	74 IVISON, JAY	M19 Lacon NY	M16-19	5 of 6	02:14:43.26
50	62 CORNELL, JESSE	M16 Sandy Creek NY	M16-19	6 of 6	02:14:45.11
51	103 Bloomfield, Jessica	F23 Chaumont NY	F20-24	4 of 4	02:22:30.22
52	70 HACHEY, SHANE	M25 Cicero NY	M25-29	6 of 7	02:23:35.21
53	126 Berkman, Dan	M61	M60-64	3 of 4	02:24:03.26
54	106 Sharlow, Tolan	M28 Slingerlands NY	M25-29	7 of 7	02:25:00.40
55	123 Sheen, Ellen	F42 Calcium NY	F40-44	2 of 2	02:27:28.00
56	124 Sheen, Natalie	F12 Calcium NY	F1-15	1 of 1	02:27:31.59
57	107 Foley, Katherine	F26 Glenmont NY	F25-29	3 of 3	02:29:44.00
58	79 KELLY, MARTIN	M62 Ithaca NY	M60-64	4 of 4	02:37:07.55

Total Race: 86

**Race Awards for
Lyme Spring Triathlon 8/7/2016 Results @ AuyerTiming.com**

Paddle Bike Run

Awd Winner	XAge	Bib	Hometown	PI	Time
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Male Overall

1. DOUG RUSHO	M43	6	Fairport NY	1	01:47:38.35
2. Allen Dise	M57	13	Albion NY	2	01:59:13.33
3. Stephen Berghash	M58	9	Scottsville NY	3	02:02:39.01

Female Overall

1. SARAH RIDENOUR	F30	128	Spencer NY	5	02:13:06.14
2. Mary Kelly	F53	10	Rensselaer Falls NY	6	02:14:01.03
3. NICKY SECH	F40	93	Carthage NY	9	02:17:45.75

25-29 Male

1. Patrick Sharlow	M26	8	Denver CO	14	02:37:09.75
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30-34 Female

1. TIFFANY GENTILE	F31	3	Oswego NY	16	02:44:57.49
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35-39 Male

1. MARK PHALEN	M38	4	Redwood NY	8	02:16:46.03
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45-49 Male

1. THOMAS RICHARDSON	M47	87	Oswego NY	13	02:35:41.49
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50-54 Female

1. Julie Sawyer	F51	18	Watertown NY	10	02:20:16.13
2. BETH AUGUSTUS	F54	52	Watertown NY	15	02:37:43.17

50-54 Male

1. Allen Kelly	M54	11	Rensselaer Falls NY	4	02:06:08.18
2. RODNEY DASHNAW	M54	64	Gouverneur NY	7	02:14:27.21

70-99 Male

1. ROBERT CONNELLY	M78	61	Oswego NY	17	03:19:12.88
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Relay Tri

Awd Winner	XAge	Bib	Hometown	PI	Time
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RelayOverall

1. Team Morgan	U41	37	Apalachin NY	1	01:36:27.55
2. Team CHWALEK	M56	36	Oswego NY	2	01:51:32.84

Team Paddle

Awd Winner	XAge	Bib	Hometown	PI	Time
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RelayOverall

1. Team WOODRUFF	u69	23	Watertown NY	1	02:03:31.58
2. Team Berghash	U31	24	Scottsville NY	2	02:04:34.95
3. Team Oneil	u57	22		3	02:10:03.80

30-34 Relay

1. Team Majors	U34	27	Casco ME	5	02:19:29.42
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35-39 Relay

1. Team Shell Point	U36	25		6	02:25:13.91
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45-49 Relay

1. Team Get R Done	U45	30	Hagerstown MD	4	02:11:33.25
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65-69 Relay

1. Team Good Body	U67	28	STOCKBRIDGE GA	8	02:35:50.48
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70-99 Relay

1. Team Mayne	u71	21		7	02:26:05.30
2. Team Optimistic Oldies	U75	26	Chaumont NY	9	03:21:21.55

Triathlon

Awd Winner	XAge	Bib	Hometown	PI	Time
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Male Overall

1. ANDREW KEENAN	M21	78	Watertown NY	1	01:18:47.54
2. JONATHON JOYCE	M20	77	PHILADELPHIA PA	2	01:23:42.43
3. James Brady	M49	134	Carthage NY	3	01:26:30.64

Female Overall

1. Abby Molinari	F35	132	Oswego NY	7	01:31:56.70
2. Meghan Smith	F20	112	Coreland PA	9	01:34:37.37
3. KARA RUSCH	F48	90	Hamilton NY	15	01:38:24.98

1-15 Female

1. Natalie Sheen	F12	124	Calcium NY	56	02:27:31.59
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16-19 Male

1. ZANE HENDERSON	M17	73	Clayton NY	8	01:32:33.17
2. OWEN KELLY	M16	80	Ithaca NY	21	01:42:29.01
3. AUSTIN RICHARDSON	M18	86	Oswego NY	22	01:43:17.85

20-24 Female

1. ABBY CAPELLA	F20	59	Syracuse NY	33	01:50:32.59
2. Samantha Favret	F21	122	Watertown NY	45	02:03:02.52
3. Jessica Bloomfield	F23	103	Chaumont NY	51	02:22:30.22

20-24 Male

1. MATTHEW FEE	M20	67	Mannsville NY	10	01:35:51.99
2. Jacob Speno	M23	104	Chaumont NY	44	01:57:34.94
3. Mark Barbato	M24	131	Liverpool NY	48	02:10:09.27

25-29 Female

1. ALEXANDRA MUSTARDO	F26	84	Honeoye Falls NY	29	01:47:57.67
2. MEREDITH BOSSINGER	F29	57	Watertown NY	34	01:51:10.24
3. Katherine Foley	F26	107	Glenmont NY	57	02:29:44.00

25-29 Male

1. ROB EBERHART	M26	65	Sackets Harbor NY	12	01:37:20.29
2. CHRISTOPHER HAGGARD	M26	71	Fort Drum NY	17	01:40:19.36
3. JACOB CLARK	M25	60	Mexico NY	23	01:44:30.32

30-34 Female

1. KATEY WILHELM	F32	99	Syracuse NY	19	01:41:54.05
2. ASHLEIGH BARNHART-BURTO	F33	56	Watertown NY	28	01:47:44.59

30-34 Male

1. Bo Shomaker	M32	113		14	01:38:06.11
2. Kirk Ramus	M32	127	Adams NY	20	01:42:01.32
3. TYLER GREY	M31	69	Sackets Harbor NY	25	01:47:03.09

40-44 Male

1. JAKE NOWAKOWSKI	M43	85	Phoenix NY	43	01:55:41.72
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40-44 Female

1. KRISTEN RUSHO	F42	92	Fairport NY	36	01:52:34.06
2. Ellen Sheen	F42	123	Calcium NY	55	02:27:28.00

45-49 Female

1. LAURENE JOHNSON	F45	76	Syracuse NY	30	01:49:14.81
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45-49 Male

1. MARK THOMAS	M45	97	Copenhagen NY	18	01:40:50.98
2. Brian Lantier	M45	125	Clayton NY	27	01:47:40.48

50-54 Male

1. MARC RUSCH	M52	91	Watertown NY	5	01:28:45.60
2. PATRICK TURLEY	M53	98	Syracuse NY	16	01:39:54.31
3. SCOTT MARGESON	M50	82	Watertown NY	24	01:46:29.98

55-59 Male

1. MICHAEL HARRIS	M55	72	Chaumont NY	4	01:27:57.66
2. PAUL MONROE	M58	83	WILTON Wilnton	6	01:30:10.00
3. Jim Finnerty	M58	102	Watertown NY	31	01:50:00.23

55-59 Female

1. JACKIE EGLE CAPELLA	F55	66	Syracuse NY	32	01:50:05.47
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60-64 Male

1. KEVIN MAIER	M60	81	Manlius NY	11	01:36:55.49
2. Steven Plante	M60	130	Cranberry Township PA	13	01:37:49.77
3. Dan Berkman	M61	126		53	02:24:03.26